

Are you concerned about your diagnosis of:

- **Chronic Kidney Disease**
- **COPD**
(Chronic Obstructive Pulmonary Disease)
- **Diabetes**
- **Heart Failure**
- **Hypertension**
- **A progressive, life-limiting and/or palliative illness**

How do I enroll?

To enroll in Community Virtual Care, use the phone numbers below to call your local Community Access Centre or speak with your doctor or nurse practitioner.

South Island (250) 388-2273
Central Island (250) 739-5749
North Island (250) 331-8570

For more information:

islandhealth.ca/cvc

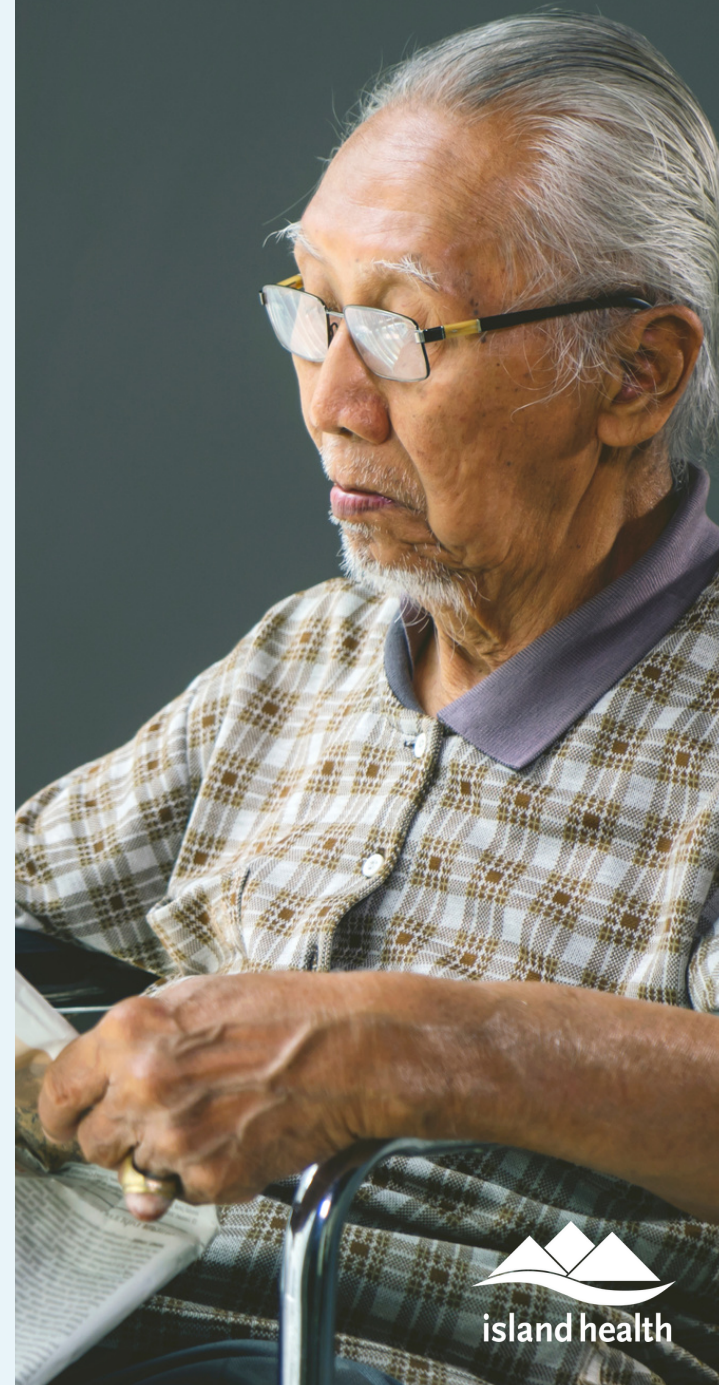
Revised May 2022

Client Feedback

"This program was fantastic. I felt I had more control over my health issues. Every morning I used the equipment and it gave me an idea about how I should plan my day. The follow-up calls from the nurse were very reassuring and helped to reduce my anxiety. Thank you so much. I have already recommended this program to others."

"By completing a daily log, I could compare my results from week to week, see my improvement, and better understand how to manage my condition. The weekly follow-up calls were so helpful and provided lots of information and encouragement."

Community Virtual Care



What is Community Virtual Care?

Community Virtual Care is a free, program tailored to support and educate you to better manage your disease.

A Registered Nurse will monitor your symptoms, and with coaching, you will improve your ability to manage your health in the comfort of your home.

Equipment to monitor your health will be loaned to you at no cost.

If you are interested, call us to find out if the program is right for you.

What will my care team do to support me?

Your nurse will:

- Work with you and your doctor or nurse practitioner to design a plan to manage your condition
- Monitor your submitted data and look for changes in your measurements
- Contact you regularly to make sure you are on track to meet your goals
- Send reports to your doctor or nurse practitioner
- Connect through secure face-to-face video or phone

Participation

Daily Measurements

Each day you will take your measurements (such as blood pressure, blood oxygen saturation, and pulse rate) using the devices provided to you by the program.



Daily Questionnaire

In addition to sending your measurements each day, you will answer a brief list of questions.

These questions will help your care team provide support and coaching unique to your condition.

Regular Check-ins

Once you have completed your measurements and questions for the day, all of the information you provided will be sent to your care team. They will review your responses and reach out to support you as needed.

